

2023 BIG MAN & HWT CAMP

HWT/Big man camp is the most popular Big Man camp in the western region United States. Big men from across the country train together with our C.O.C. National Champions. 4 sessions daily starting with hand fighting, takedown techniques for big men, hard sessions, and top and bottom techniques. Be C.O.C. Trained and see what it takes to be the "Champ!"



C.O.C. ELITE Wrestling Camps 2023

7-Day HWT/Big Man
Wrestling Training Camp

July 24-30, 2023

C.O.C. CLINICIANS

"MIKE MACCHIAVELLO"

"TONY NELSON"

SIERRA OUTDOOR SCHOOL
15700 OLD OAK RANCH ROAD
SONORA, CA 95370

TOLL FREE (866) 854-2560

Website: cocelitewrestlingschool.net

Email: cocelitewrestlingcamps@gmail.com

BUILDING CHAMPIONS SINCE 1980

MIKE MACCHIAVELLO



NCAA National Champion
2 X USAW World Team Member
ACC Wrestler of the Year
North Carolina State Champion

TONY NELSON



2 X NCAA National Champion
4 X NCAA All-American
3 x Big Ten Champion

LEARN FROM THE BEST USA'S HWT'S!

TRAIN AT THE FINEST CAMP IN THE WEST

GET C.O.C. TRAINED!

2023 INDIVIDUAL APPLICATION **Athletic Waiver & Release of Liability**

C.O.C. ELITE WRESTLING SCHOOL

**2023 BIG MAN & HWT CAMP
JULY 24-30, 2023**

WRESTLER NAME _____

ADDRESS _____

CITY/STATE/ZIP _____

EMAIL _____

PHONE # _____

SCHOOL _____

GRADE (2022-23) _____ AGE _____

INSURANCE CO. _____

POLICY HOLDER _____

POLICY # _____

INSURANCE PHONE _____

PREVIOUS INJURIES _____

DRUG SENSITIVITIES _____

ALLERGIES _____

In consideration of being allowed to participate in anyway in the C.O.C. Elite Wrestling Camp the undersigned must agree and adhere to:

*Agree that the parent (s) and/or guardians will instruct the minor participant that prior to participating he or she would inspect the facilities and equipment to be used, and if the participant believes anything is unsafe, he should immediately advise his or her coach or supervisor of such conditions (s) and refuse to participate.

*Acknowledge and fully understand that each participant will be engaging in activities that involve risk of serious injury, including permanent disability, death, and severe social and economic losses which might result not only from their won actions, inactions, or negligence but the actions, and or the condition of the premises or of any equipment used. Further, that there may be other risks not known to us or not reasonably foreseeable at this time.

*Assume all foregoing risks and accepts personal responsibility for the damages following such injury, permanent total disability or death.

*Release, waive discharge and covenant not to sue C.O.C. Elite Wrestling Camps, at all camp training sites and universities and its affiliated clubs and respective administrators, directors, agents, and other employees of the organization, other members/ participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors or premises used to conduct the event, all of which are hereinafter referred to as "releases" from any and all liability to each of the undersigned, his or hers heirs or next of kin for any and all claims, demands, losses or damages on account of injury, including death and damage to property, caused or alleged to be caused in whole or in part by the negligence of the releases or otherwise.

NAME _____

SCHOOL _____

COACH _____

ADDRESS _____

CITY, ZIP _____

EMAIL _____

GRADE _____ AGE _____

(T-SHIRT SIZES)

(Adult) :L _____ XL _____ XXL _____

RESIDENT CAMPER (\$840.00)

"GET C.O.C. TRAINED"
SINCE 1980 "WE ARE TRADITION"

C.O.C. ELITE WRESTLING CAMP
40575 Cal Oaks Road
Murrieta, ca 92562
(866) 854-2560

EMAIL

cocelitewrestlingcamps@gmail.com

WEBSITE

cocelitewrestlingschool.net

CALL

(866) 854-2560

To Pay Online:
GO TO: cocelitewrestlingschool.net

Send Checks To:
C.O.C.
40575 CAL OAKS ROAD
SUITE D2, #124
MURRIETA, CA 92562

Wrestler Name: _____

Parent/Guardian Name: _____

Relationship to minor: _____

Parent/Guardian Phone: _____